

### General Information

Only four hours east of San Francisco, Tahoe City is the perfect base for your cycling explorations of Lake Tahoe. You can find lodging, restaurants, shops and a full entertainment calendar in town.

Located on the north shore of Lake Tahoe, Tahoe City offers cycling day trips that can take you around the lake (72 miles of shoreline) or radiate out to nearby towns such as Truckee. Wildflowers and abundant wildlife provide plenty of outdoor recreational opportunities.

Total # of Rides Listed: 2

Family Rides: 0

Road Rides: 2

MTB Trails: 0

Bike Path Rides: 0

 Loop Rides: 1

 Out & Back Rides: 1



### When to Visit

The best time to visit Lake Tahoe for cycling activities is between late May and early October.

### Climate and Weather

Tahoe is situated high in the Sierra Nevada Mountains with an average elevation well over 6,000 feet. As a result, you can expect a sudden change in weather at any time and should pack rain and cold weather gear accordingly.

Lake Tahoe gets an average of 250 to 300 sunny days a year and humidity is very low, especially in summer. The water temperatures are around 68F/20C degrees in the summer and the daytime summer highs rarely exceed 80F/27C degrees. June, July and August average just one day of precipitation. Due to its high elevation and amount of sunny days, it is strongly recommended that you use sun block for longer rides.

Because of the abundance of heavy pine forests and the moderating influence of the 193 square miles of Lake surface, the evenings do not turn cold; as a result evening outdoor activities are abundant and pleasant.

Spring and fall temperatures are very similar with average temperatures about 57F/14C degrees.

### How to Get There

The closest international airport to Lake Tahoe is Reno International Airport in Reno, Nevada. If you are traveling by air from out of state, you will most likely arrive at the Reno International Airport. From there, you have the option to take a regional flight to Truckee or bus, shuttle bus, or rental car. There are a variety of shuttle services providing transportation to and from the airport.

The north region of Lake Tahoe is also accessible by train from the Truckee, California or Reno, Nevada Amtrak. The Truckee Station (+1 530 587 3822) located at Glasforms Glass Blowing on 10065 Donner Pass Road is open 10a-6p daily. The Reno Station (+1 775 322 2970) located at 155 Stevenson Street is open 24 hours.

For getting around Lake Tahoe, the Tahoe Area Regional Transit (TART) (+1 530 550 1212 ) offers easy transport year-round. Most buses are equipped with bike racks in summer.

If you are traveling by car: From San Francisco or Sacramento drive east on Interstate 80, which provides easy access to Truckee and the north and west shore of Lake Tahoe. If you are traveling to the south shore, then Highway 50 is your best choice.

Traveling from the east or from Reno, take Interstate 80 to Truckee. From Truckee take SR 89, which will take you directly to Tahoe City.

Approximate driving times:

From San Francisco – 3 hours 40 minutes (190 miles)

From Sacramento – 1 hour 40 minutes (90 miles)

From Reno – 50 minutes (46 miles)

### Accommodations

Lake Tahoe has plenty of accommodations, ranging from fancy hotels and B&Bs to small, functional establishments. However, it is recommended you make reservations ahead, especially if you are traveling from out of state and/or during high season (June –

August).

### The Roads

The surfaces of roads in the Lake Tahoe region are generally very good. On some mountain roads you may find occasional road hazard in the form of cracked pavement, pothole, gravel or sand.

### What You Need To Know

Lake Tahoe is completely surrounded by mountains; the lake sits in a valley at an elevation of 6,200 feet and it is the highest lake of its size in the United States. It is the third deepest lake in North America and the tenth deepest lake in the world.

Lake Tahoe is about 22 miles in length and 12 miles in width and covers a surface area of 190+ square miles. The beautiful shoreline is 72 miles, with the California shoreline 42 miles and the Nevada shoreline 30 miles in length.

Lake Tahoe is so clear that in some places visibility is 75 feet deep! The lake is an intense blue color because the thin mountain air allows the lake's water to reflect the blue sky above.

The maximum depth is 1,645 feet, near Crystal Bay, and the average depth is 990 feet. The lake holds over 39 trillion gallons of water, enough to cover a flat area the size of California to a depth of 14 inches. If drained, it would take 700 years to refill the lake!

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### Road Rides (1-2 of 2)

#### Road Rides

[Lake Tahoe: Around the Lake](#)

71 mi/115 km (*Loop*)



[Lake Tahoe: Tahoe City to Truckee](#)

15 mi/24 km (*Out & Back Total: 30 mi/48 km*)

